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## **CONSENT FOR THERAPEUTIC TOUCH**

Because Somatic Experiencing is a method used in this therapy practice, there may be times when therapeutic touch is deemed helpful and clinically effective. It will only be employed with the full consideration, by the client and therapist together, of how it is being used in the context of therapy and how it relates to

- Presenting problems
- History
- Symptoms
- Safety
- Gender and cultural influences of both client and therapist.

Therapeutic touch will never include contact that is sexual, punishing, or, in any way, against the wish of the client.

The decision to use therapeutic touch in our work is being made with a thorough deliberation of the client's perception and interpretation of what that means and with her/his full and informed permission.

I, the client, have read the above, discussed this with my therapist, understand and agree with the use of therapeutic touch in our work together.

Signed \_\_\_\_\_

Date \_\_\_\_\_